

E1 At-Home Learning for the Week of May 11-15

(All times listed below are approximations.)

	Monday	Tuesday	Wednesday	Thursday	Friday
Math <i>1st & 2nd grade = 45 minutes per week</i> <i>3rd grade = 100 minutes per week</i>	Classroom Math Activities	Classroom Math Activities	Classroom Math Activities	Classroom Math Activities	Classroom Math Activities
Reading/Writing <i>1st grade = 75 minutes per week</i> <i>2nd grade = 75 minutes per week</i> <i>3rd grade = 150 minutes per week</i>	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling
Daily Writing Prompts <i>Please write 3-5 sentences with capital letters, spaces, and appropriate punctuation.</i>	What is your favorite kind of music? Why?	What is your favorite chore to do around the house? What is your least favorite?	You wake up and you are your mom or dad. What would you do for the day?	Describe your perfect meal: appetizer, main course, dessert, and drink.	Make a list of ten things you accomplished this week. Which one are you most of?
Video Chats on Microsoft Teams (E1 teachers will share times)					

E1 Bonus Learning Opportunities
(Consider trying a few of these ideas too.)

Reading	Story Starters Musical Reads Khan Academy Sora
Mindfulness	Book : The Jelly Donut Difference Activity : Kindness poster
Math	Road Trip Math Khan Academy Xtra Math
Culture	Using A Grid With A Zoo Map
Science	Heart Chambers Control Chart Heart Chambers - Unlabeled
Just for Fun	Music Lab Compose Music

Please use what you have at home for these activities. Improvise when needed. Please do not make a purchase.

Guidance - Ms. Amanda	Kindness Counts AND Loving Kindness Mindfulness Practice
Art - Ms. Kelly	Art for the Week
Music - Ms. Traci	Hello E1 friends, I have a new song for you this week. The woman who wrote this song is Ella Jenkins, and she

	<p>was a wonderful children's music performer and teacher. "You'll sing a song." In the third verse, "You'll play a tune", get out any instrument you have or shaker or scraper or struck instrument that you like to play along with. There's even a chance for you to practice your whistling! (You will see I had a bit of trouble with my whistler in part of it!) Enjoy!</p> <p>I also recorded an old favorite for you, I hope you remember it from the fall. I Live in a City by Malvina Reynolds. (She's the one who wrote "Magic Penny" as well.) Have fun singing this old favorite.</p> <p>You can always go back through these lessons and find the songs we sang and sing them again!</p> <p>I miss you. Keep singing!</p>
Phy Ed - Mr. Bart	<p><u>Week 4 (May 11 - May 15):</u></p> <p>Always ask an adult's permission before doing any of these activities. Also, get outside for fresh air and physical activity/movement as often as you can!</p> <p>Activity: Alphabet Action Challenge</p> <p>Skills: Strength, Cardiovascular Endurance</p> <p>How to play:</p> <ul style="list-style-type: none"> - "A,B,C Push Ups"- Push up position, right hand to left shoulder = A, left hand to right shoulder=B, continue through to Z - "Row Your Boat Push Ups"- Same as "A,B,C Push Ups" only sing "Row, Row, Your Boat" and alternate hand to shoulder reciting a word to the song for each shoulder - "Spell Your Name Jumping Jacks"- Arms Up Leg Apart=First letter of name, Arms Down Legs Together= Second letter of name, continue

	<p>-“A,B,C Mountain Climbers”- Mountain Climber position is down on hands & feet. One foot forward-one back and switch to other foot forward-other back. Hands stay shoulder width apart. Every time switch feet recite letters of alphabet, words to songs</p> <p>-“Rope Jumping”- imaginary jump rope. 25 jumps in a row, side to side over a line, scissors jumps=one forward one back.</p> <p>**Bonus Activity: If you have an object and appropriate space at home, practice rolling!</p>
School Nurse - Ms. Tori	<p>Medication Pick-Up Information</p> <p>Dear, Parents/Guardians of students with medications remaining at school. The district decided that medications may be picked up with belongs, so when you come for your students belongings please let staff know if you have meds to pick up and they will do their best to return them to you.</p> <p>Stay safe, stay well.</p>