

Teach, Remind, and Recognize Expected Behavior at Home

Implement PBIS strategies at home, just like at South! Emphasizing respect, responsibility, and a sense of community is important for maintaining a smooth home-school connection. For example, consider having conversations with your child that match conversations they might have at school on respecting other individuals. If your child’s comment reflects a lack of understanding or bias, calmly discuss factual information (e.g., “Anyone can get sick.” “We are a community that takes care of each other.”). The following table shows how families and caregivers might teach, remind, and reward respectful, responsible, and safe behaviors.

| | Be Respectful (Example: Kind Language) | Be Responsible (Example: Do Your Best Work) | Be Ready (Example: Wash Hands) |
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| Teach | Describe what kind language does (and does not) sound like in your home. Demonstrate kind language and provide children with opportunities to practice. | Describe what “doing your best” means in your home. Examples might include focusing on your work, reading/listening to all instructions before beginning, asking for help when needed, and sticking with it until done. Discuss what this looks like (and does not look like) across the types of learning activities (virtual, in school, while working on homework, etc.) | Describe and demonstrate how to wash hands (using various posters available from CDC). To ensure your children wash their hands for 20-30 seconds, have them pick a portion of a favorite song to sing. |
| Remind | When entering difficult tasks that may be frustrating, remind children to “be kind.” | At the start of the day and at the beginning of new or difficult activities, encourage and challenge children to work hard, do their best, be kind, and take charge of their learning. | Before meal preparation, before eating, after using the bathroom, or after touching their face, remind children to wash their hands. |
| Recognize with Positive Feedback | When your child is kind, provide specific praise. For example, “Thank you for being kind when your sibling was having a hard time.” | When you see your child doing their best, provide specific praise. “It’s great to see you working hard and doing your best! I am so proud of you!” | When you see your child washing their hands, provide specific praise—for example, “Awesome handwashing! Thanks for keeping our family safe.” |

Source: https://assets-global.website-files.com/5d3725188825e071f1670246/5e83b41b7df0210d47588d12_Supporting%20Families%20with%20PBIS%20at%20Home%20FINAL.pdf