

K-1

Student Name: _____

MAPEL Bingo

Color in each square as you complete it. Once all squares are filled in, have an adult sign it, then bring it to one of your MAPEL teachers for a prize!

Parent/Guardian Signature: _____

Make a picture using primary or secondary colors.	Do 10 push-ups and 10 sit-ups.	Read a book in bed	Sing your favorite song while washing your hands!	Draw a picture of your favorite book character.
Practice galloping and skipping.	Make a paper airplane. Throw the plane and follow it with your voice "WOOO!"	Hop on one foot while singing the ABC's.	Listen to an audio story	Tap the steady beat to a song and have someone follow your beat.
Make an instrument out of things found in your house. Play along with a song!	Sing to a family member your favorite song from music class.	Free Space	Take a listening walk (outside or inside.) What sounds do you hear?	Have a dance party!
Pretend like the room is full of jello! Move through the room of jello.	Run in place for 30 seconds.	Read aloud to a stuffed animal	Throw a ball up and down in the air and follow it with your voice "WOO!"	Listen to a song. Draw a picture of what the music makes you think of.
Draw a portrait of yourself or a family member	Tap a stuffed animal to the steady beat of a song.	Make a sculpture with clay or playdough.	Play with a balloon. How many times can you hit it before it drops to the floor?	Sing "Down By The Bay" and make up your own rhyming words!