

ECASD Early Learning Curriculum Overview

*The main mode of learning for our program is PLAY! Play is vitally important to healthy brain development. Playing is learning in preschool.

	<p style="text-align: center;">Letters in our Names (LION)</p> <p>Letters in our Names (LION) is the method we use to introduce upper and lower-case letters and sounds to children. We introduce a few letters per week and look for the letters in each other's names. We practice finding the letter, learning the sound the letter makes, and practicing tracing and printing the upper-case letter.</p>
	<p style="text-align: center;">Feeling Buddies-Conscious Discipline</p> <p>The Feeling Buddies curriculum helps teach children self-regulation through a five-step process. The adult teaches the child to self-regulate and the child teaches the Feeling Buddy to self-regulate. Children are taught different ways to breathe when they have a big feeling. Each classroom also has a Safe Place where children can go with an adult to practice the five steps, calm their bodies, and solve problems.</p>
	<p style="text-align: center;">Baby Doll Circle Time-Conscious Discipline</p> <p>Children need to have strong attachment and attunement on the road to self-regulation. Baby Doll Circle Time helps children practice these skills with a baby doll through fun and engaging activities.</p>
	<p style="text-align: center;">Building Blocks Math</p> <p>Building Blocks curriculum develops preschool children's early math skills by providing math experiences throughout the day. It focuses on number sense, counting, and shapes. Each classroom is filled with hands-on math materials, manipulatives, and books to explore and play.</p>
	<p style="text-align: center;">Handwriting without Tears</p> <p>Handwriting without Tears is a hands-on and engaging curriculum to help build fine motor and handwriting skills. Children use wood pieces (big/little curve and big/little line) to build letters. They use chalk boards/chalk, different writing tools, and Mat Man to explore and build their fine motor skills.</p>
<p>Stimulating Maturity through Accelerated Readiness Training</p>	<p style="text-align: center;">S.M.A.R.T.</p> <p>Children need many opportunities to move their bodies throughout the day. Young children need to move in order to learn how to be still. S.M.A.R.T. is a multi-sensory program to build readiness skills for learning. Some activities your children are participating in daily are: alligator crawling, walking on a balance beam, pencil rolling, completing the slap track, spinning, and crossing the midline. Movement anchors learning!</p>

