



# MUSTANG MINUTES

**Manz Elementary**  
**1000 E. Fillmore Ave. Eau Claire, WI 54701**  
**(715) 852-3900**

January 2024

## Welcome to 2024!

### Important Links

[Manz Website](#)

[Manz Facebook](#)

[Breakfast and Lunch](#)

[Menu](#)

[ECASD Website](#)

[District Calendar](#)

[Community Resources](#)

### What's Happening in January?

Jan 1<sup>st</sup> & 2<sup>nd</sup> ..... **No School**

Tues Jan 2<sup>nd</sup> ..... **Manz Dairy Queen Night 5-10pm (Golf Rd)**

Wed Jan 3<sup>rd</sup> ..... School Begins again, RCU School \$ense

Thurs Jan 4<sup>th</sup> ..... Memorial Jazz Band and Show Choir Visit

Wed Jan 10<sup>th</sup> ..... RCU School \$ense

Thurs Jan 11<sup>th</sup> ..... **PTA Meeting 6pm in library**

Fri Jan 12<sup>th</sup> ..... 4<sup>th</sup> Grade field trip to Children's Theatre

Mon Jan 15<sup>th</sup> ..... **No School**

Wed Jan 17<sup>th</sup> ..... RCU School \$ense

Thurs Jan 18<sup>th</sup> ..... **PTA Movie Night**

Jan 22<sup>nd</sup> & 23<sup>rd</sup> ..... **No School for Students**

Wed Jan 24<sup>th</sup> ..... RCU School \$ense

Thurs Jan 25<sup>th</sup> ..... Kindergarten field trip to the  
Children's Museum

Mon Jan 29<sup>th</sup> ..... **Manz A&W Night 4-8pm (Woodman Dr)**

Wed Jan 31<sup>st</sup> ..... RCU School \$ense

### Snacks at School

It is important for your child to have a snack at school so all attention can be focused on learning, not a growling stomach.

**Please make a routine to help your child bring a snack to school each day.**

The school does have a **limited** number of extra snacks through our Food Pantry that are available for those who may not have snacks at home.

If you are interested in donating snacks for the food pantry, we would be very appreciative. These snacks will stay at school and be used for students who may be in need. Please provide shelf-stable items. **THANK YOU!**



# News from the RCU School \$ense Program



*January 2024*

**Happy New Year from your Royal School \$ense Team!**

The beginning of a new year is a great time to work on further developing good habits and setting goals. One goal that is great to set and work towards is an “I’m **saving for...**” goal. It can be a challenge that’s fun to work on and enjoy as a family. Using a goal chart like the one here can provide a visual that helps encourage your child as they save money each week.

**As an extra incentive**, Royal School \$ense will have a **Double-Stamp Day** on January 17! Savers will receive **two** stamps on their Super Saver cards instead of one, helping them earn prizes more quickly!

Remember that Royal donates \$250 to Manz Elementary for every 500 deposits made. Your Royal School \$ense location is open on Wednesday each week to help your child get excited about saving and helping their school. The highest number of deposits we have had in one day at Manz this year is 33 deposits. Can we beat that in the New Year?? Let’s try! Don’t forget your pouches on Wednesdays and let’s see if we can hit 40 deposits!

If you want to know how to start saving at school with Royal School \$ense, please contact Rachel Orlovsky at: [rachel.orlovsky@rcu.org](mailto:rachel.orlovsky@rcu.org)



# The More You Know...

## Prevent Technology Addiction in Your Child

### What are the problems?

An article by Dr. Nicholas Kardaras might be hard-hitting. Recent brain studies are showing that technology affects the brain's frontal cortex, which controls planning, organizing, completing tasks, emotional control, impulse control, and self-monitoring. Technology is so hyper-arousing that it raises dopamine levels. Tablets, smartphones, television, and video games are the new form of a digital drug.

How to identify if your child is affected by technology:

- Increased aggressive temper tantrums when devices are taken away
- Wandering attention spans when not stimulated by their devices
- Not getting enough sleep
- Loss of social skills, people skills, and ability to interact with others

### Solutions

Limit their exposure and usage of technology. The key is preventing your child from getting hooked to screens. If they are hooked to their devices, taking them away for 4-6 weeks is usually recommended for the hyper-aroused nervous system to reset itself.

Ways to keep them from crossing the line:

- Legos instead of Minecraft
- Books instead of iPad, tablets
- Playing outside/nature and sports instead of watching TV
- Keeping the TV, iPad, smartphone, etc. out of their bedrooms
- Being a good role model as a parent, "monkey see monkey do"



Check out the entire article here: <http://nyp.st/2bGS5oX> by Dr. Nicholas Kardaras

**"Where did the other boot go?" "I know I had that sweatshirt last week."**

Sound familiar?

Have no fear! Manz lost and found has many items currently including:

- Your sweatshirt
- Your coat
- Your soccer ball
- Your water bottle
- Your lunch bag
- Your bike helmet
- Yours and many others' hats and mittens
- Your blanket
- And your scrunchie

Have your child check out the lost and found when they return from winter break! Reunite with your lost items!



# Manz PTA News



**Join the Manz PTA, this is your opportunity to help our school.** It is also a way to have a voice on PTA activities, every voice matters. Membership is \$8.00. For a copy of the PTA membership form click [HERE](#). Please complete and send the completed form along with the \$8.00 to school with your child or sign up online.

**Or use the QR code and pay online!**

The PTA currently has 30 members, and they would love more to join the group! Email [ecasdmanzpta@gmail.com](mailto:ecasdmanzpta@gmail.com) for more information.

**Next Meeting: January 11th- held in the Manz library. Come at 6:00pm to meet other parents!**

PTA minutes can be found on the Manz Website <https://www.ecasd.us/Manz-Elementary/About/PTA>

## PTA Officers

President – [Curtis Deprey](#)

Vice President – [Etta Larson](#)

Secretary – [Sarah Neitzke](#)

Treasurer – [Jenn Phillips](#)

## News from the Family Advisory Council

December's Family Advisory Council's (FAC) meeting was held on Tuesday, Dec. 5<sup>th</sup>. This month's agenda included discussing accelerated learning programming in the Elementary school setting, a presentation on the district's school safety program, and review/discussion of FAC's purpose.

Heather Grant, Talented and Gifted (TAG) program director for grades Pk-5, presented on accelerated learning programming available at the elementary level. This included information on how students are evaluated for TAG and program offerings (limited to accelerated math at this time). FAC members offered constructive feedback of the program, with an emphasis on coordination and communication.

FAC also had a presentation on the school district's safety and reunification plan. "I love you guys", the safety program utilized by the district, was reviewed including standard response protocols. FAC members requested more information and communication be shared with parents which was well received.

If you have any questions regarding the FAC or would like to read the meeting minutes, please click [HERE](#).