

Speech & Language Therapy Activities

Week of: April 6, 2020

A Message To Families: Hi everyone! I hope this week is going well. I hope you have a chance to get outside for some fresh air at some point this week. Please continue to reach out to me via email (awojtyna@ecasd.us) if you have any questions regarding activities below, speech/language objectives in your child's IEP or treatment plan. I know many of you, including myself, are overwhelmed with our "new normal." I wanted to share some activities below that can be incorporated into any game, where your child needs to answer a question/follow a direction/say a word before they can get a turn in a game. As always, simply playing or talking with your child promotes better speech and language skills. Over the next two weeks, I will be in contact with you more directly to explain and determine next steps moving forward once we have more direction from our district.

Articulation - "Saying Sounds"

Check out MommySpeechTherapy.com to find word lists by sound to practice with your child (Located under "Free Downloads"). Roll a dice to see how many times your child should say the word OR earn a small item (cotton ball, Cheerio, penny) each time you say a word correctly and try to fill an empty jar!

Expressive Language - "Using words and sentences"

Play the game, "What's in the bag?" Take turns hiding an object that you find around your house in a paper bag or empty box. Give the other players 3-5 clues about the object you hid. (What group/category does the object belong to, what do you do with the object or what does the object do, what does it look like (size, shape, color), parts of the object, where do you find the object). If no one guesses correctly, you get a point! If someone guesses your object, they get a point! See who wins! Try to hide and tell about five different objects!

Receptive Language - "Understanding words, sentences, and stories"

Read a book with your child. After reading a page, discuss what was just read and what might happen next to improve language comprehension. Encourage your child to indicate when he does not understand something (shrugging, pointing out the part they do not understand, looking up at you, etc.) so that you can explain it. Draw their attention to pictures by labeling and pointing to them in order to expand vocabulary. Discuss or look up unfamiliar vocabulary words to help them better understand/establish a child-friendly definition. Have your child retell important parts of the story and ask questions to support story comprehension.

Social Skills - "Interacting with the people in your environment"

Watch a TV show or a movie and try to identify five emotions that the characters are feeling. How do you know they are feeling that way? Are they smiling? Crying? Frowning? What words are they saying to indicate they are feeling this way?