



ECASD Special Education PTA

**December 14 at Manz Elementary, 7pm
In Media Center**

Childcare available upon advance request: septaec@gmail.com

December Meeting Purpose: Ann Brand Ph.D., UW Stout professor and teacher at The Center, will present an introduction to the practice of Mindfulness; a focus on living in the present moment, without judgement, to reduce the mental, emotional and physical effects of stress on the lives of children and adults. Nancy Meyer will also join us to share UCP Broker Support.

Input Needed: Have ideas for summer special education programs or activities? Have SEPTA meeting topic ideas or feedback? Please share! Send input to septaec@gmail.com.

Mission Statement: ECASD Special Education PTA (SEPTA) collaborates with parents, teachers, staff and district administration to advocate for each and every student. Everyone benefits when we work together!

Today's SEPTA is all EARS:

Education Advocacy Resources Support

For all individuals with visible and invisible needs.

You do not need to have a child receiving special education services to be a member of SEPTA.

Who can join us? Anyone! Parents, teachers, aides, staff, community or anyone who has questions or ideas regarding special education.

For assistance in another language/Si Ud. necesita ayuda, por favor llame Ud. a la escuela de su hijo/a Yog koj xav tau neeg pab txhais cov lus nov, thov hu xov tooj rau call 715-852-355