

Basic Seizure First Aid

- Stay calm and note the time of start of seizure activity
- Keep child safe
- Do not restrain
- Do not put anything in mouth
- Stay with child until fully conscious
- Record seizure in log

For Tonic-Clonic Seizure

- Protect head
- Keep airway open/watch breathing
- Turn child on side

General Emergency Seizure Situations: Call 911

- Student has a first-time seizure
- Seizure lasts longer than five minutes
- Student has repeated seizures without regaining consciousness
- Student is injured or has diabetes
- Student has breathing difficulties
- Student has a seizure in water