

Head Lice Removal

There are a number of treatments for head lice. If you aren't sure which treatment to use or how to use a treatment, ask your child's school nurse or your health care provider. When using a medicine, always carefully follow the instructions contained in the package or written on the label, unless the health care provider directs otherwise.

Olive Oil/Vaseline:

- 1) **Saturate** dry hair and scalp with olive oil or Vaseline. (it **MUST** be saturated). This will smother and kill the lice.
 - 2) Cover the hair with a plastic shower cap*, bandana, or towel. Leave on the hair for **eight (8) hours** (it **MUST** be left on this long in order to work).
 - 3) After **8** hours, comb the oily hair with a nit comb and remove nits. Remove as many remaining nits as possible.
 - 4) Wash the hair to remove the oil: you may need to use a liquid dishwashing soap, clarifying shampoo, or "GOOP" to remove all the oil or Vaseline. Washing the hair will wash out the dead lice.
- You may add 1 teaspoon of tea tree oil to the olive oil before you apply it to the hair. (There is a chance of skin irritation or allergic reaction.)
 - *To avoid possible choking or suffocation, shower caps must be used with care only on older children and adults, and should never be used on small children.

Over-the-counter treatment products:

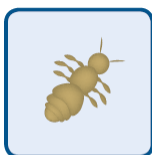
- Be sure to read and follow the products' directions carefully. **Do not** apply treatments more often than the products' directions state. (These are not listed in any particular order.)
- ❖ **Ladibugs:** Mint Serum (for lice elimination) & Mousse (for nit (egg) elimination). Available at Great Clips in Eau Claire and Lake Hallie; Swoboda Styling in Elk Mound, The Mane Doctors in Osseo, Shear Style in Bloomer, or online at <http://www.ladibugsinc.com/shop/>
- ❖ **Fairy Tales: "Lice Good-bye" mousse.** Available at Target, Ulta, or online at: <http://www.fairytaleshairecare.com/lice-good-bye-product>
- ❖ **RID.** Available at most retail stores, grocery stores and pharmacies.
- ❖ **NIX.** Available at most retail stores, grocery stores and pharmacies.

Prescription treatments may also be available. Contact your health care provider for more information.

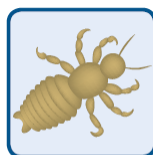
*******After completing treatment, continue with nit removal instructions.*******



NIT



Nymph



Full Grown
Louse