

E1 At-Home Learning for the Week of May 4-8

(All times listed below are approximations.)

	Monday	Tuesday	Wednesday	Thursday	Friday
Math <i>1st & 2nd grade = 45 minutes per week</i> <i>3rd grade = 100 minutes per week</i>	Classroom Math Activities	Classroom Math Activities	Classroom Math Activities	Classroom Math Activities	Classroom Math Activities
Reading/Writing <i>1st grade = 75 minutes per week</i> <i>2nd grade = 75 minutes per week</i> <i>3rd grade = 150 minutes per week</i>	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling	Reading A-Z story + quiz Making Words Journaling
Daily Writing Prompts <i>3-5 sentences with capital letters, spaces and appropriate punctuation.</i>	Would you rather live in a city or on a farm? Why?	If you could be in a movie, which one would you be in and what character would you be?	What are your top three hobbies? Why do you like them?	Pretend you are a dog for a day. Write about a day in the life of a dog from the dog's perspective.	Make a list of all of your favorite things. Try to think of at least ten things.
Video Chats on Microsoft Teams					

(E1 teachers will share times)

E1 Bonus Learning Opportunities
(Consider trying a few of these ideas too.)

Reading	Dinosaur Fiction and Facts Khan Academy Sora
Mindfulness	Book : How Do Dinosaurs Say, "I'm Mad" Activity : Anger Buttons
Math	Khan Academy Fish Bowl Combination Game Xtra Math
Culture	Community Map Activity - Mapping Activity Part 3 50 States, 50 Birds - Wisconsin
Science	50 Birds and their Sounds
Just for Fun	Make Your Own Paper Claws What Dinosaur Are You?

Please use what you have at home for these activities. Improvise when needed. Please do not make a purchase.

Guidance - Ms. Amanda	A Fork in the Road Coping Skills Activity ; Square Breathing and Elongating the Breath Mindfulness Practice
Art - Ms. Kelly	Art for the week: Exploring FORM
Music - Ms. Traci	Sing A Round with Ms. Traci on White Coral Bells . Add a shaker part on this rhythms " Rest Rest Du-de Du" Here is the page from our Sing Along Songs Book.

	<p>A new lullaby from Texas for you. Called By'm Bye.</p> <p>And another familiar song from Harvest Fest last year. One of Ms. Traci's favorites the Garden Song by Dave Mallet. Here are the words. If you are feeling sassy I have even included the Anti-Garden song words. Some of you and your families may be feeling some of this frustration later this summer. Until next week, keep singing!</p>
Phy Ed - Mr. Bart	<p><u>Week 3 (May 4 - May 8):</u></p> <p>Always ask an adult's permission before doing any of these activities. Also, get outside for fresh air and physical activity/movement as often as you can!</p> <p>Activity: Toss and Catch</p> <p>Skills: Underhand Tossing and Catching</p> <p>How to play: Take a pair of socks, put them together and roll down the top of the socks to make a ball. Try these different skills, by standing in a safe space, making sure that your toss is just a little higher than your head and your eyes are watching the ball.</p> <ul style="list-style-type: none"> • TOSS with one hand, CATCH with both hands...10 times • TOSS with one hand, CATCH with that same hand...10 times • TOSS with the other hand, CATCH with that same hand...10 times • TOSS with one hand, clap one time, CATCH with both hands...10 times • TOSS with one hand, clap two times, CATCH with both hands...10 times • How many times can you clap before you CATCH the sock ball? <p>Now sit down and try these same skills.</p> <p>Find something that you can use as a target...garbage can, box, bowl, bucket, laundry basket, etc. Find a safe space, put your target on the floor, stand in front of your target, and using your "favorite" hand, step with your opposite foot and underhand toss the sock ball to the target. Each time you make it, take one step back from the target.</p> <p>Try tossing to a bucket that a partner is holding, your partner needs to catch the ball in the bucket.</p>

	<p>**Bonus Activity: If you have an object and appropriate space at home, practice hand dribbling or bouncing/catching!</p>
<p>School Nurse - Ms. Tori</p>	<p>Hi, I hope you are all doing well and remembering that social distancing is still important. Research indicates that society is starting to experience “social distancing fatigue.” Social movement has increased over the last 7-10 days. Please remember social distancing and handwashing are the best tools we have right now to slow the spread of sars cov 2 or COVID-19. There is no cure for COVID-19, only supportive care for symptoms. For more information, the entire update is posted https://www.ecasd.us/District/At-Home-Learning/School-Nurse. Take care of yourself and your family.</p> <p>You may have already viewed these clips but in case you have not, a couple links to videos</p> <p>Scrubs video clip - How Disease/Germs Spread https://www.youtube.com/watch?v=PdrrgVVi-9U</p> <p>Fun video clip from Ohio’s Department of Public Health illustration of how social distancing works https://www.youtube.com/watch?v=cURFFnyEhfI</p>