



## Northwoods Elementary Grades K-2 **MAPEL** At-Home Learning

**Week of 4/28 - 5/4**

MAPEL Subject	Recommended Activities (Total of 30 minutes of MAPEL per week)
<p><b>Music</b> Ms. Wanda Miller's Email: <a href="mailto:wmiller@ecasd.us">wmiller@ecasd.us</a></p>	<p><b>This Week's Activities:</b></p> <ol style="list-style-type: none"><li>1. <b>Introduction to the Orchestra for Children</b> <a href="https://youtu.be/M0Jc4sP0BEE">https://youtu.be/M0Jc4sP0BEE</a></li><li>2. <b>Hedwig's Theme from Harry Potter</b> <a href="https://youtu.be/GTXBLyp7_Dw">https://youtu.be/GTXBLyp7_Dw</a><ul style="list-style-type: none"><li>○ Listen for the <b>Celesta</b> at the very beginning. It looks like a piano, but it has bells inside, instead of strings.</li></ul></li><li>3. <b>Wise Old Owl</b> <a href="https://youtu.be/-bdFwJiz1SM">https://youtu.be/-bdFwJiz1SM</a><ul style="list-style-type: none"><li>○ Sing the echos. Ask a brother or sister to join you!</li></ul></li></ol> <p><b>Bonus Activities:</b></p> <ol style="list-style-type: none"><li>1. <b>Call or video chat someone and sing a song for them</b> (you will make their entire day ❤️😊)!<ul style="list-style-type: none"><li>○ You can use one of the above songs</li></ul></li><li>2. <b>Ms. Miller's Music Room Facebook Page:</b> <a href="https://www.facebook.com/Ms-Millers-Music-Room-105283604234274/">https://www.facebook.com/Ms-Millers-Music-Room-105283604234274/</a><ul style="list-style-type: none"><li>○ <b>Join us every Tuesday at 7pm for a Sing-a-long!</b></li><li>○ <b>Please email Ms. Miller song requests.</b></li></ul></li><li>3. <b>Ms. Miller's Music Room Blog:</b> <a href="https://musicatnorthwoods.blogspot.com/2020/03/lets-have-some-fun-while-were-at-home.html">https://musicatnorthwoods.blogspot.com/2020/03/lets-have-some-fun-while-were-at-home.html</a><ul style="list-style-type: none"><li>○ Look here for some super fun music games.</li><li>○ New activities added weekly.</li></ul></li></ol>
<p><b>Art</b> Mrs. Julie Schaller's Email: <a href="mailto:jschaller@ecasd.us">jschaller@ecasd.us</a></p>	<p><b>This Week's Activities!</b> Each week the art lessons will follow the same format. There will be 2 choices. One will be easier (Project 1) and one will be more advanced (Project 2) with some bonus activities as well. Use whatever materials you have around your house! It is fine if the student does the project or a family does them together because of our unique At Home Learning. You can find additional bonus activities on <a href="#">Mrs. Schaller's Budding Artists Facebook</a> page.</p>

### AT-HOME LEARNING DIRECTIONS:

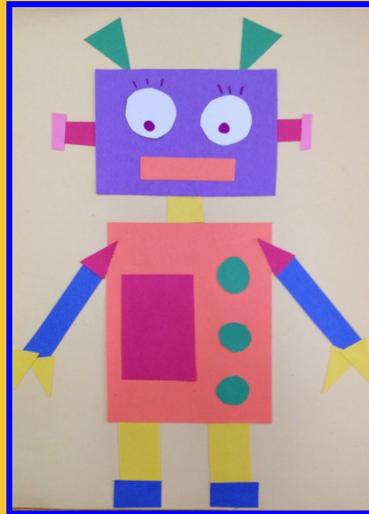
Choose from the options below (choose one or both) to explore Shape. I would love to see what you have made, please send images to my email.

THIS WEEK'S ELEMENT OF ART FOCUS IS **SHAPE**

**SHAPE:** A dot that goes for a walk and goes back to the starting point. Shapes are flat or 2 dimensional (2-D) and have length and width.

There are two types of shapes: **ORGANIC** and **GEOMETRIC**. We find organic shapes in nature and geometric shapes are shapes you can name and you learn about in math.

#### ART CHOICE #1:



1. Using only shapes, design a robot or monster.
2. You can cut and paste your design as a collage or you can draw the shapes and color them.

#### BONUS RESOURCES

Want to learn more about SHAPE?  
Check out these ideas!



1. Using only shapes, build a pizza.
2. You can cut and paste your design as a collage or you can draw the shapes and color them.
  - a. Ideas for paper: junk mail, magazines, wrapping paper, brown paper bags, or color your own.

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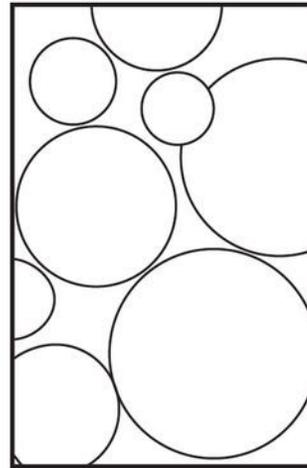
**Listen to [Shape Song Swingalong](#) by Steve Songs!**

**ART CHOICE #2:**

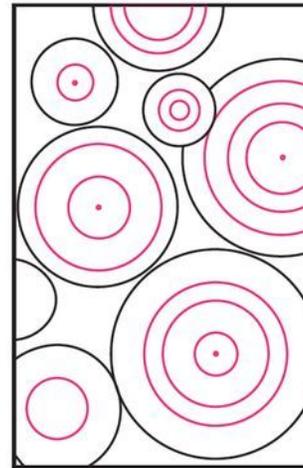
\*\*The more lines you draw the more complex and detailed your art piece will be.

**Hint:** trace around a yogurt cup, roll of tap, or any other objects shaped like circles!

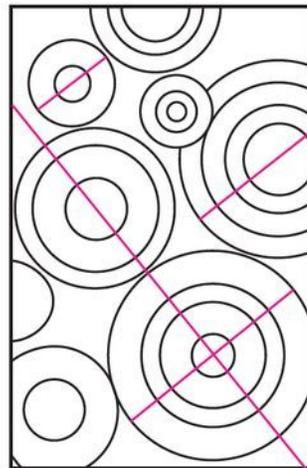
Try using:  
-overlapping  
-variation  
-color families (like #4 in the bonus material)



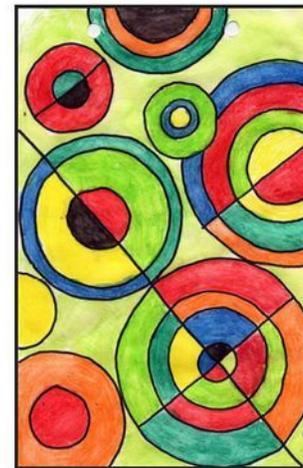
1. Fill the page with circles of all sizes.



2. Draw concentric circles inside each.



3. Split some circles in half with a ruler.



4. Trace and color or paint.



1. Trace your hand
2. Use both horizontal and vertical lines to draw a grid.
3. Color the outside (background space) with warm colors
4. Color the hand spaces with cool colors (Or you can choose 2 other color families to color with (primary/secondary, complimentary, monochromatic, analogous))

\*This is a great project to understand that there are both organic and geometric shapes in art.

Here is a link to [Art with Mati and Dada](#), a great extra video to learn about how artists use shape to create their art.

## Physical Education

Mrs. Erin Johnson's Email:

[ejohnson@ecasd.us](mailto:ejohnson@ecasd.us)

**Always ask an adult's permission before doing any of these activities. Also, get outside for fresh air and physical activity/movement as often as you can!**

**Activity:** Animal Walks

**Skills:** Muscular Endurance, Heart Strength and Endurance, Coordination

**How to play:** Think of different animals and move your body for 30 counts for each one! Crab, Seal, Alligator, Bear, Duck, Puppy Dog, Elephant, Giraffe, Horse, Eagle. Any others?

**\*\*Bonus Activities for this week:**

1. If you have an object and appropriate space at home, practice overhand throwing and catching! (skill practice and review)
2. If you have access to some type of technology, try this: TABATA FITNESS is a type of workout where you exercise (giving your best effort) for 20 seconds and then rest for 10 seconds. This pattern lasts for 4 minutes. You can click on this link to do a workout that is ready for you, or make up your own! [K-2 Tabata Fitness](#)
3. Hi friends! I am also starting an optional game with you, called "PE PEN PALS: Where in Eau Claire is Mrs. Johnson?" Each week I will have a picture here of myself exercising at a location in Eau Claire. If you know the answer of where I am, become a Pen Pal with me! Write me an email with the answer, while also sharing a picture of yourself being active! We can write back and forth and I will also be able to see different ways you are keeping your body active and healthy while you are at home.

Game: "Where in Eau Claire is Mrs. Johnson?"

This week, Mrs. Johnson is catching a frisbee outside this location. Do you know where she is?!



## Library

Mrs. Julie Misurek's email:  
[jmisurek@ecasd.us](mailto:jmisurek@ecasd.us)



“What you cannot imagine, you cannot do.”

Now imagine Astronauts on the Space Station reading stories to and conducting science experiments for the children of Earth as the world rotates below.

**Imagine no more...it's Story Time from Space!**

I challenge you to listen to a story from space a day! Enjoy!

**\*\*Bonus Activities for this week:**

**Check-out these free Virtual Field Trips!**

**San Diego Zoo**

<https://kids.sandiegozoo.org/>

**Yellowstone National Park (scroll down)**

<https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>