

Eau Claire North High School

# NORTH HIGH WEEKLY

Thursday September 28th, 2023



**NORTH  
HIGH SCHOOL**

#HuskyNation #PrideinExcellence

## IMPORTANT DATES

### September

- 1 First Day of School
- 4 NO SCHOOL
- 8 Club Dash
- 11 Picture Day

### October

- 2-6 Homecoming Week
- 7 Homecoming
- 9 Picture Retakes
- 12 Family/Teacher Conferences
- 13-16 NO SCHOOL

### November

- 3 End of Quarter
- 20-24 NO SCHOOL

### December

- 25-29 Winter Break

### January

- 1-2 NO SCHOOL
- 15 NO SCHOOL
- 19 End of Quarter
- 22-23 NO SCHOOL

### February

- 29 Family/Teacher Conferences

### March

- 1-4 NO SCHOOL
- 22 End of Quarter
- 25-29 Spring Break

### April

- 15 NO SCHOOL

### May

- 23 Graduation
- 27 NO SCHOOL

### June

- 5 Last Day of School & End of Quarter



## THIS ISSUE:

- Homecoming Week
- Reminders
- Attendance
- Important Links



Find us on Facebook:  
[Click Here](#)

# REMINDERS

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The North High School Homecoming Dance will be held on Saturday, October 7 from 7–10 p.m. at North High School. Tickets for the event will be sold the week of Homecoming. The cost is \$10 per ticket. Guest forms will be available in the main office. Please stay tuned for additional information on how to purchase tickets.

## Homecoming Week Events!

2023 *Barbie* DRESS UP DAYS

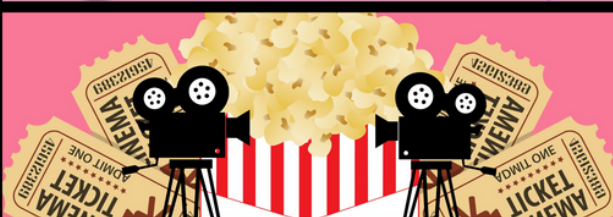
MONDAY: BEACH DAY

TUESDAY: BARBIE VS KEN

WEDNESDAY: WESTERN

THURSDAY: SLUMBER PARTY  
BARBIE

FRIDAY: PINK OUT/HUSKY OUT



*Slumber Party Night Presents:*

# THE BARBIE MOVIE

THURSDAY, OCTOBER 5TH

3:30 - 5:30 PM

NORTH AUDITORIUM

Free  
Admission

POPCORN \$1.00

LIMITED SUPPLIES - FIRST COME, FIRST SERVED

DANCE THE NIGHT AWAY AT THE

*Husky  
Homecoming*

OCTOBER

Saturday

7

7pm-10pm

Join us for a  
*Gorg-tastic*  
night in  
*Barbieland*  
at  
*North High*

Dance the Night Away!

*North High School  
Homecoming Dance*

Saturday, October 7th

7-10 p.m.



Scan the  
QR code to  
purchase your ticket  
during Homecoming Week!

**\$10**



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**Homecoming Attendance:** As we continue to put our efforts toward reaching our 95% attendance rate goal, this is a reminder that only students with 95% attendance rate will have the opportunity to buy a homecoming ticket. This only includes unexcused absences. Those who don't meet the attendance criteria will be notified via skyward message. Unexcused absences may be cleared by a guardian 1 week of the absence. Additional information and administration approval may be necessary to clear these absences.

September is Suicide Awareness Month. Please take time to review, share and reference this infographic below as needed:

Take these steps to protect against SUICIDE/OVERDOSE/POISONING	
<b>KNOW</b> the warning signs and risk factors of suicide and substance misuse and how to offer help when someone is struggling. Call 1-800-273-8255 (TALK) for help or support.	<b>SECURE</b> your guns/firearms, medications, and sharps such as knives and razors. Free gun locks may be available at your local <b>County Sheriff's Office</b> , or check with your local police department.
<b>LOCK &amp; LIMIT</b> your in-home supply of over-the-counter and prescription medications along with household chemicals.	<b>DISPOSE</b> of medications using a permanent drop box location or at-home disposal pouch. Find a box near you or request a disposal pouch at your local pharmacy.

**WARNING SIGNS OF SUICIDE**

- Talking or writing about suicide.
- Giving away belongings.
- Withdrawing from loved ones and activities.
- Feeling hopeless, helpless, worthless.
- Seeking ways to complete suicide
- Major eating or sleeping changes.
- Increasing use of alcohol or other drugs.
- Losing interest in things previously enjoyed.

**WARNING SIGNS OF SUBSTANCE MISUSE**

- Behavioral signs such as secretiveness/hiding drug use, changes in behavior, or engaging in criminal activities.
- Physical signs such as sudden weight loss or gain, bloodshot eyes, insomnia, changes in appearance or poor coordination.
- Psychological signs such as lack of motivation, irritability, changes in personality, sudden mood swings, or emotional withdrawal.

Please remember you are loved and you are not alone.  
Resources to Help: **Dial 988** Suicide Prevention Lifeline (Open 24 Hours a day 7 days a week) or call 1-800-273-8255  
Text Hopeline to 741741 (Takes a few minutes for a reply)  
Chippewa Valley NAMI for all Family & Caregivers at 715-450-5484  
LGBTQIA+ Youth and Families please Google "The Trevor Project" site and/or call 1-866-488-7386  
"Steps Toward a Safer Home" designed by **StarkMHAR.org**  
Modified by ECASD because we care!

**CHECK OUT THE  
SCHOLARSHIPS  
PAGE!**

**Scholarships**  
**Page: Click Here**

## STUDENT SERVICES VISITS:

UNITED STATES AIR FORCE - 10/3 LUNCH HOURS

UW - MADISON - 10/10 11:45 - 12:15PM

ST. OLAF COLLEGE - 10/11 HUSKY TIME

UW - EAU CLAIRE - 10/20 HUSKY TIME

UNIVERSITY OF CHICAGO - 10/20 12:30 - 1:00

LAWRENCE UNIVERSITY - 10/25 12:00 - 12:30

HUSKY BOOSTER CLUB

## HUSKY FEST

Husky Booster Club's largest fundraiser! Located at Wild Ridge Golf Course in Eau Claire.

**November 4th, 2023**

<https://eau-claire-north-hs-booster-club.square.site/>



# REMINDERS

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**FAMILY SERVICES  
OPEN  
HOUSE**

MONDAY, OCTOBER 2 | 5:00-7:00 PM

ECASD Administration Building  
500 Main Street

**FREE Immunization Clinic On-site**  
**Skyward & Canvas Assistance**  
**Snacks Provided**

The logo for EAU CLAIRE AREA SCHOOL DISTRICT features a blue square with a white stylized 'E' and the words 'EAU CLAIRE AREA SCHOOL DISTRICT' in white text to its right.

## AL-ANON FAMILY GROUPS

Meets Wednesday's  
during Husky Time  
in Student Services

Visit [al-anon.org/teen-info](http://al-anon.org/teen-info)

## SENIOR PHOTOS

Senior photos are due to yearbook crew by  
November 17th. You can submit them online at:  
<https://images.jostens.com/ImageShare/upload>



## ATHLETICS

The Player/Parent meeting for any student wishing to participate in 2023-24 Winter sports is **Sunday, October 22nd** in the North High School Auditorium. The Athletic Code meeting is at 6:00pm followed by individual sports meetings with coaches.

The following sports are offered in the Winter Season: Boys Basketball, Girls Basketball, Boys Hockey, Girls Hockey, Boys Wrestling, Girls Wrestling, Dance, Boys Swim and Dive (at Memorial) & Cheer and Stunt (at Memorial)

## 2023 Husky Combine



**Oct. 30 - Nov. 4**

North's Premier Athletic Showcase

## 2023 Husky Combine

<b>WHITE BELT</b>	5 Rep Max
<b>GRAY BELT</b>	3 Rep Max
<b>BLACK BELT</b>	1 Rep Max
<b>BLUE BELT</b>	1 Rep Max

### EVENTS:

Power Clean  
Back Squat  
Bench Press  
40 Yard Dash  
Vertical Jump  
Pro Agility

### Rules & Registration



or link in bio!

# ATTENDANCE AT NHS

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**NORTH**  
HIGH SCHOOL

## ✧ Handbook Highlight ✧

### Change of Address:

Any student moving from their current residence to another must notify the North High School Registrar immediately at 715-852-6614. If the new residence is in the ECASD but outside of the North High School attendance area, parents may request consideration for the student to remain at NHS by filing an "Alternate School Request" form available from <http://www.ecasd.us> or student services.



Heading to school! What should I know?  
**Thinking about missing another day?**  
Research shows that improving  
attendance by just 5 days a year leads  
to higher achievement in:

✓ Reading    ✓ English    ✓ Math

# IMPORTANT LINKS

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The [North High School Website](#) will provide you with up to date information about what's going on at North.

The [North Athletic Calendar](#) has the most up to date game day information!

[Skyward Family Access](#)

[2023-24 School Year Calendar](#)

[September Lunch Menu](#)

[Find us on Facebook](#)

The Weekly Newsletter will be sent out and posted each Thursday to keep you connected and informed with North High School! Newsletter content is submitted by teachers, coaches, administration, and NHS organizations. If you have news to share, please contact North High School Partnership Coordinator, Macy Breaker at [mbreaker@ecasd.us](mailto:mbreaker@ecasd.us).