

# Memorial High School Weekly

# Home of the Old ABES #OldAbePride

#OldAbeProud

General Number: (715) 852-6300 Attendance Office: (715) 852-6302

Partnership Coordinator: (715) 852-6307

Thursday, Septemb<u>er 21<sup>st</sup></u>

### MHS Calendar

#### September

23 Equestrian Show Wild Bill's Elk Mound 8:30am

25-29 Deaf Awareness Week

28 Homecoming Carnival

29 Homecoming Parade and Game

30 Homecoming Dance at MHS

#### October

- 1 Deadline for Early College Credit Program at UWEC
- 1 Deadline for Start College Now Program at CVTC
- 2 Financial Aid Night at North for MHS and NHS
- 3 UWEC and MHS Jazz Concert MHS Auditorium 7:00 Jazz I/II
- 4 Blood Drive
- 7 Jazz Bands at Curvue Tree Farm 7:00 Jazz I/II/III
- 7 Equestrian Show Wild Bill's Elk Mound 8:30am
- 12 Family/Teacher Conferences 7:45 am to 8:15 pm
- 13 All Schools Closed
- 16 No School for Students/PL Day for Staff

#### **Important Links**

#### **The Memorial High School Website**

has answers to many of your questions. Be sure to check it out.

#### **Old Abe Athletic Calendar**

Find Out Where the Action is Every Week.
The MHS Athletics Calendar is updated with the most recent game day information.

ECASD 2023-2024 School Year Calendar
Community Events & Resources Page

September Lunch Menu

**Family Services Website** 



Find us on Facebook HERE

#### Old Abe News and Announcements

FAMILY / TEACHER CONFERENCES \*\* Please note: ALL schools closed\*\*

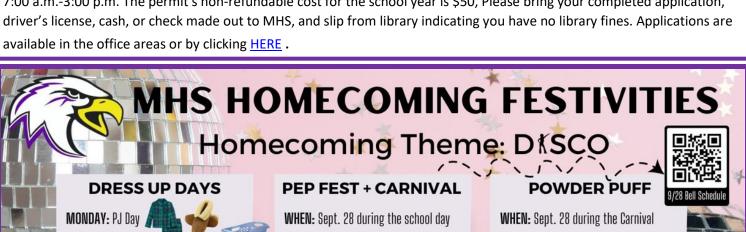
Thank-you!

Virtual or in-person Family/Teacher conferences will be held at Memorial in the fall and spring again this school year: FALL: Thursday Oct. 12, 2023 (7:45 a.m.-8:15 p.m.) SPRING: Thursday Feb. 29, 2024 (7:45 a.m.-8:15 p.m.)

Memorial Families have a tradition of treating our staff to a meal during Family/Teacher conferences. If you would like to donate food or money towards this meal on

Thursday, October  $12^{th}$ , please sign up **HERE.** This meal is greatly appreciated by our staff on such a busy day.

Don't Get a Parking Ticket! All cars parked in the Memorial lots need parking permits on display. Parking Tickets will be issued beginning Monday, September 25th. Parking permits are available for purchase from the business office from 7:00 a.m.-3:00 p.m. The permit's non-refundable cost for the school year is \$50, Please bring your completed application, driver's license, cash, or check made out to MHS, and slip from library indicating you have no library fines. Applications are





TUESDAY: Anything But a Backpack

**WEDNESDAY:** Barbenheimer

FRIDAY: Spirit Day



10: green 11: blue 12: black

staff: white

WHERE: Gym + MHS Ulrich Track

WHAT: Club booths + games + activities

WHO: YOU and all the OLD ABES

Buses will depart at their normal times and locations

#### **FOOTBALL GAME**

WHEN: Friday, Sept. 29 at 7:00pm

WHERE: Carson Park Football Stadium

WHAT: Cheer on the OLD ABES to victory!

WHO: YOU + The EC Community

Pre-Game Festivities begin at 6:30pm Cheer+Stunt and Marching Band perform Court and Parade winners announced

WHERE: Football field inside the track

WHAT: Watch + cheer on your team!

WHO: YOU and all the OLD ABES

Buses will depart at their normal times and locations

**WHEN:** Saturday, Sept. 30, 7-10:30pm

DANCE

WHERE: Memorial Gyms and Lobby

WHAT: Dance, Photos, Ping Pong, Food

WHO: YOU and all the OLD ABES

Buy \$10 tickets week of at lunch by the IMC,

#### **PARADE**

WHEN: Friday, Sept. 29 at 5:00pm

WHERE: Carson Park

WHAT: Participate or Watch

WHO: YOU + The EC Community

Arrive by 4:30 if participating in the parade with a club or sport

need student ID, ECASD guests only, semiformal attire, enter through Door 15

Best wishes to all of the OLD ABES competing and performing this week. Enjoy the Homecoming celebrations and remember to SOAR!

#### Parents of MHS -

Want to help plan the All-Night Grad Party? The committee is currently looking for 1 person to SHARE the co-chair position and a treasurer.

This year-end, final bash senior event is 100% ran by MHS Families for our graduating students. It's a great way to meet other families and is a lot of fun!

Interested? Please contact Kimberley Winkelmann, MHS Partnership Coordinator <a href="mailto:kwinkelmann@ecasd.us">kwinkelmann@ecasd.us</a>.

Many more positions, including working shifts the night of the big event will be posted as the school year progresses. Keep reading the newsletter for updates.

#### **Hispanic Heritage Month - September 15-October 15**

Hispanic Heritage Month runs from September 15 to October 15! This month serves to highlight and celebrate the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

Learn more at https://hispanicheritagemonth.gov/.

#### **Homecoming Information**

- Homecoming Court nominations are due by Friday, September 22<sup>nd</sup>. Students, please nominate 2 seniors from your club or sport. Email those nominations to <u>cschroeder@ecasd.us</u>. Homecoming Court will be announced on Thursday, September 28<sup>th</sup> during the Carnival Day.
- Homecoming Carnival will be Thursday, September 28<sup>th</sup>. Clubs and Sports are encouraged to host an
  activity with candy or small prizes: ring toss, tarot card reading, karaoke, corn hole, yard games, pony
  races, etc.
- Homecoming Parade is Friday, September 29<sup>th</sup>. Lineup will be at Carson Park starting at 4:00 and parade at 5:00. All clubs and sports are encouraged to march in the parade. You can create a float or walk or ride bikes.
- Homecoming Dance is Saturday, September 30<sup>th.</sup>

#### **Volunteer Opportunity – Help Needed!**

MHS needs copy room volunteers when school is in session. Preferably 1 morning a week for 2 hours. We are looking for one more regular volunteer and a couple substitute copy room volunteers.

Please contact Kim Winkelmann at <a href="mailto:kwinkelmann@ecasd.us">kwinkelmann@ecasd.us</a> to volunteer.

**Suicide Prevention Month** September is Suicide Prevention Month—a time to raise awareness and spread hope and vital information to people affected by suicide. Please visit: <a href="https://www.nami.org/get-involved/awareness-events/suicide-prevention-awareness-month">https://www.nami.org/get-involved/awareness-events/suicide-prevention-awareness-month</a> to learn much more.

#### The Kodak is the name of Memorial's yearbook.

Yearbook is a separate elective class that can be taken through school. Students design, create, and distribute the yearbook.

**2024 yearbooks** may be purchased online at <u>Jostens</u> or by sending a check made out to Jostens for \$51.00\*. The check should be given to Ms. Campbell de Loyo at school. Room 1855.

\*\$51.00 is the Back-to-School price and will increase as the school year progresses.

#### Order here: <a href="https://jostensyearbooks.com/?REF=A09283400">https://jostensyearbooks.com/?REF=A09283400</a>

#### Senior Picture Requirements for the Yearbook and Upload

Senior pictures are due to the yearbook advisor by **November 1, 2023,** for the **2024** yearbook.

Your picture must meet the following criteria:

- -Head and shoulder portrait (upright) vs. a landscape image (sideways) picture. If the picture you submit is not cropped to head and shoulders, we will crop it for you.
- -Minimum resolution of 300 dpi and size of 2 inches x 3 inches. You may submit an uncropped, full-size version, and we will crop it for you. Please do not send pictures from a social media site such as *Instagram* or *Facebook*. These tend to be low resolution images which will print blurry. Please send the original digital version.
- -Saved as a .jpeg
- -The picture does not depict violence, alcohol, drugs, or anything that would violate school rules such as a weapon.
- -Pictures may be uploaded via the <u>Jostens Senior Picture Submission link</u> For your peace of mind, if we **don't** have your picture, a letter will be mailed home after the deadline. If you receive a letter or aren't shown on the list, please <u>email a picture to Ms. Campbell de Loyo</u> by December 1. A list of seniors that have sent in their senior pictures may be found on the yearbook page. Due to the high volume of submissions, the list may not be updated daily.

#### **Did You Submit Your Senior Picture for the 2024 Yearbook?**

Check the list <u>HERE</u> to see if we have your senior picture. Please give us several days to update the list after you have submitted a picture. As a safety measure, all seniors that did not submit a picture according to our records will be mailed a letter after the deadline. This letter will be sent out mid-November.

#### **Memorial DECA Store 2023**

Below is the apparel link to the Memorial DECA Store. This store is viewing only. All orders need to be placed with Ms. Jackie Trautlein, DECA Advisor jtrautlein@ecasd.us.

<u>Products - Memorial Deca Store 2023 - Chippewa Valley Sporting Goods (chipply.com)</u>











Learn more about our School Based Mental Health Program at <a href="https://go.ecasd.us/schoolmentalhealth">https://go.ecasd.us/schoolmentalhealth</a> or by contacting Shannon McRaith at <a href="mailto:smcraith@ecasd.us">smcraith@ecasd.us</a> or 715-852-3067.

## Take these steps to protect against **SUICIDE/OVERDOSE/POISONING**

#### **KNOW**

the warning signs and risk factors of suicide and substance misuse and how to offer help when someone is struggling.
Call 1-800-273-8255 (TALK) for help or support.

#### **LOCK & LIMIT**

your in-home supply
of over-the-counter
and prescription
medications along with
household chemicals.

#### SECURE

your guns/firearms, medications, and sharps such as knives and razors. Free gun locks may be available at your local County Sheriff's Office, or check with your local police department.

#### **DISPOSE**

of medications using a permanent drop box location or at-home disposal pouch. Find a box near you or request a disposal pouch at your local pharmacy.

#### WARNING SIGNS OF SUICIDE

- · Talking or writing about suicide.
- · Giving away belongings.
- · Withdrawing from loved ones and activities.
- · Feeling hopeless, helpless, worthless.
- · Seeking ways to complete suicide
- · Major eating or sleeping changes.
- Increasing use of alcohol or other drugs.
- · Losing interest in things previously enjoyed.

#### WARNING SIGNS OF SUBSTANCE MISUSE

- Behavioral signs such as secretiveness/hiding drug use, changes in behavior, or engaging in criminal activities.
- Physical signs such as sudden weight loss or gain, bloodshot eyes, insomnia, changes in appearance or poor coordination.
- Psychological signs such as lack of motivation, irritability, changes in personality, sudden mood swings, or emotional withdrawal.

Please remember you are loved and you are not alone.

Resources to Help: Dial 988 Suicide Prevention Lifeline (Open 24 Hours a day 7 days a week) or call 1-800-273-8255

Text Hopeline to 741741 (Takes a few minutes for a reply)

Chippewa Valley NAMI for all Family & Caregivers at 715-450-5484 LGBTQIA+ Youth and Families please Google "The Trevor Project" site and/or call 1-866-488-7386

"Steps Toward a Safer Home" designed by StarkMHAR.org Modified by ECASD because we care!

#### Attention! National Blood Shortage

Blood donors of all blood types are urgently needed now to ensure patients at hospitals across the country continue to receive critical medical care.

Memorial High School's National Honor Society is proud to partner with the American Red Cross to host a blood drive on October 4, 2023. The blood collected by the Red Cross helps millions of patients in over -2,500 hospitals and other facilities across the country. 84 percent of blood donations are given at blood drives - hosted by generous sponsoring organizations like ours.

Anyone who registers and signs up online will receive a \$15.00 EGift card from Amazon (valid email required)

STUDENTS & Staff: MUST schedule their appointment in advance – NO WALK-INs will be accepted.

**Eligibility Requirements:** 

- You must be in good health and feeling well\*\*
- · You must be at least 16 years old
- · If you are 16 You must have a printed and completed Parental Consent form to donate:

https://www.redcrossblood.org/content/dam/redcrossblood/controlled-documents/Parental-Consent-Blood-Donation-EN.pdf

- · You have NOT traveled to a malaria-risk country or Iraq within the last 12 months
- · You are NOT pregnant
- · Donors 18 years of age or younger must meet additional height and weight requirements for whole blood donation (applies to girls shorter than 5'5" and boys shorter than 5').

Click below to schedule your donation today!

https://www.redcrossblood.org/give.html/driveresults?zipSponsor=Memorial%20High%20School

For additional information click here <a href="https://www.redcrossblood.org/donate-blood/how-to-donate/info-for-student-b

donors.html







Join us for an exciting crosstown match!





NORTH HIGH SCHOOL



Eau Claire Area Elementary and Middle School Students!

Varsity players from EC North and EC Memorial will be signing autographs and cake will be provided after the match for students and players!

#### **National Merit Scholarship**

The officials of National Merit Scholarship Corporation (NMSC®) recently announced the names of more than 16,000 Semifinalists in the 69th annual National Merit Scholarship Program. **Peter Gingerich** and **Tyberius Kemmet** from Memorial High School are both Semi-Finalists in the 2024 Competition for the National Merit Scholarship Corporation (NMSC) awards. These academically talented high school seniors have an opportunity to continue in the competition for some 7,140 National Merit Scholarships worth nearly \$28 million that will be offered next spring. To be considered for a Merit Scholarship® award, Semifinalists must fulfill several requirements to advance to the Finalist level of the competition. This is a distinguished honor for both of our students, and we are proud to recognize this exciting achievement!

### **MHS Highlights**







Yearbook Team
Building and
Photography
Activity



















#### **UWEC Honors Orchestra** September 16th

8 schools participated from Minnesota and Wisconsin.
Nobu Yasuda and Soma Pierce-Smit directed the orchestras. It was a great day that ended with a concert featuring both orchestras.

















Friday ELT cup stacking competition! All homerooms did a great job building community and collaborating to achieve a common goal!







It's a GREAT Day to be an Old Abe!