

EC Memorial High School Dance Team Expectations

It is important that you understand what will be expected of you as a member of the ECM Dance Team. This program is under the direction of the Athletic Department and will be similar to all other sports in the school. You are expected to abide by the ECASD Athletic Code all year, as well as the guidelines listed below.

Practices, Meetings & Attendance

1. Practices will be conducted 3-5 days/week from November through the end of the boy's & girl's basketball seasons. All members must arrange their schedules around our calendar. Attendance is mandatory!
2. Additional practices/meetings may be added as needed. All members will make a reasonable effort to attend.
3. Any member who misses the last practice before a performance (excused or unexcused) will not perform. The coach may consider special cases.
4. Members will be on time for every practice and performance. Members will remain together until excused by the coach.
5. Members will be dressed in the designated practice attire and wear appropriate shoes for all practices, or will be required to sit out.
6. No practice may be conducted without the coaches' knowledge and/or presence.
7. Jewelry and gum are not permitted at any practice or performance.
8. If excused from school, you are excused from practice. If you are at school, you must attend practice. Any other absences must be cleared prior to the absence with a note or phone call from a parent. Driver's Ed, jobs, dance classes are not excused absences.
9. NO CELL PHONES at practices or performances – coaches reserve the right to confiscate phones.

Conduct

1. Dancers must commit to maintaining their grades and attending school regularly.
2. Members will follow the EC Area School District Athletic Code year round.
3. The team will wear team-designated attire on performance days.
4. Members will remain in designated areas at all performances.
5. Members will set an example for desired behavior at all times (school spirit, no swearing, no social media misbehavior, etc.)
6. Complete honesty is expected at all times.
7. From day one, dancers must EARN their spot in formations. All members are required to be at all practices and know all choreography, whether they are in formations or not.

Consequences/Penalties

1. Letting yourself and your teammates down.
2. Not participating in practice.
3. Not participating in a performance.
4. Others as deemed necessary by the coach.

Rewards

1. Personal satisfaction.
2. Improvement/Progress
3. Team Success
4. Respect

What is expected from parents

1. Express concerns to coach directly
2. Notification of any schedule conflicts well in advance
3. Support towards the commitment of the program
4. Observe all sportsmanship rules
5. Respect coaches decisions

What you can expect from your coaches

1. When/where practices and competitions are
2. What the coaches' philosophy and expectations are
3. Explanation of sportsmanship standard for dancers AND parents
4. What the requirements are to be on the team
5. When disciplinary action is taken on your dancer, if necessary