

Inspiring emotional support for children of parents with cancer

Developed by the Children's Tree House Foundation, a non-profit organization, CLIMB® stands for Children's Lives Include Moments of Bravery. This six-week program sponsored by Marshfield Clinic Health System gives emotional support to kids who have a parent or other loved one diagnosed with cancer.





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marshfieldclinic.org

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# **CLIMB**®

Helping kids find the courage to deal with cancer in their families.



She could not open up before; now she will talk, laugh, and cry when talking about me (her dad with cancer). We have seen a positive change... Many kids will benefit from this program – most of all the understanding of cancer.

- Parent of CLIMB® attendee

## Talking to kids about cancer can be difficult

That's why Cancer Care & Research is offering CLIMB®. Children learn that being sad, frightened and even angry is part of this family experience. CLIMB® helps children moderate their feelings without having to "stuff" them or feel overwhelmed. Participants bond quickly with other children going through a similar experience.

The CLIMB® program offered at our Cancer Care & Research facilities in Eau Claire and Rice Lake, consists of six weekly group sessions. Specially trained leaders encourage open discussions about cancer, treatments and possible side effects. They also use visual aids such as large stuffed animals to demonstrate IV placement and other forms of treatment.

Kids create art projects and do activities to help them identify and express the complex feelings of a cancer diagnosis. Children receive a workbook that they're encouraged to share with their families. At the end of each six-week program, kids and their parents or other family members can attend a graduation ceremony, marking the progress they've made in coping with cancer in their families.

## **Key Benefits of CLIMB®**

- Increased knowledge of cancer and its treatment
- Normalization of feelings of sadness and anxiety
- Improved ability to express and manage anger
- Enhanced ability to identify strengths
- Improved communications skills
- Help in understanding that they are not alone



# 2022 - 2023 Program Information

We offer the program free of charge four times per year. Please register at the start of each six-week program. The program is geared toward children 5 - 12 years old. Registration is required.

Sessions are for children only and are held one evening each week from 5:30 - 7 p.m. for a total of six-weeks.

Children receive a light dinner such as subs or pizza at each session. We invite parents to join their children for dinner on the first evening.

### Dates:

- Tuesday, October 4<sup>th</sup> Tuesday, November 8<sup>th</sup>, 2022
- Tuesday, April 4<sup>th</sup> Tuesday, May 9<sup>th</sup>, 2023

### Locations:

Marshfield Medical Center-Eau Claire Cancer Center

2200 Craig Rd, Eau Claire, WI 54701

Contact: Jenna Slaby, Brittany Smith or Sherri Toelke at 1-800-839-3956

Marshfield Medical Center-Rice Lake (Medical Offices)

1700 W Stout St, Rice Lake, WI 54868

Contact: Carissa Anderson at 1-800-488-7564

## **CLIMB®** Registration Form

Please complete and mail to the location where your child will attend CLIMB\*:

#### Cancer Care & Research:

- Eau Claire, 2200 Craig Rd, Eau Claire, WI 54701
- Rice Lake, 1700 W Stout St, Rice Lake, WI 54868

Child's name
☐ Male ☐ Female Birthdate/
Age Grade in school
Parent/Guardian
Address
City
State ZIP
Daytime phone
Home phone
Cell phone
Emergency phone
Email address
Family member with cancer:
☐ Mother ☐ Father ☐ Grandparent ☐ Sister ☐ Brother
Other, list
Date family member was diagnosed with cancer
/
Type of cancer
Special information we should know
Allergies or medical problems
Has your child attended CLIMB® before: ☐ Yes ☐ No