

ADHD PEER RESOURCE AND SUPPORT GROUP

For parents, caregivers, partners and spouses, and those who support and care for people with ADHD

First Wednesday of the month*
6 - 7:30PM

LE Phillips Memorial Public Library - Rm 104

Come to share resources, make connections, and be supported.

Facilitated by Kate Holmes Thompson,
parent and professionally certified coach



* Alternative date may be scheduled due to holidays.
Scan QR code for up-to-date schedule.